

Abingdon Swimming Club Course List

Our Lady's Abingdon Tuesday 08/01/19 – 26/03/19 - 10 lessons (No lessons – 12th & 19th February)

Course No.	Time	Class Description	Water Area	Fee
01	6.00-6.30	ASC Level 1	Shallow	£55.00
02	6.00-6.30	ASC Level 3	Deep	£55.00
03	6.30-7.00	ASC Level 2	Shallow/Deep	£55.00
04	6.30-7.00	ASC Level 4	Deep	£55.00
05	7.00-7.30	ASC Level 5-6	Lengths	£55.00
06	7.00-7.30	RLSS Rookie (need to have Shark 2 / ASA Stage 7)	Lengths	£55.00
07	7.30-8.30	Junior Swim Training (need to have Shark 2 / ASA Stage 7) Please see flyer for more information	Lengths	£70.00

Our Lady's Abingdon Thursday 10/01/19 — 28/03/19 - 10 lessons (No lessons – 14th & 21st February)

Course No.	Time	Class Description	Water Area	Fee
08	6.00-6.30	Beginners - Non-Swimmers (Min height 1.2m)	Shallow	£55.00
09	6.00-6.30	ASC Level 1	Shallow	£55.00
10	6.00-6.30	ASC Level 3	Deep	£55.00
11	6.30-7.00	ASC Level 2	Shallow/Deep	£55.00
12	6.30-7.00	ASC Level 4	Deep	£55.00
13	6.30-7.00	ASC Level 4	Deep	£55.00
14	7.00-7.30	ASC Level 5	Lengths	£55.00
15	7.00-7.30	ASC Level 6	Lengths	£55.00
16	7.30-8.00	RLSS Survive and Save – Bronze/Silver/Gold (includes dry side sessions & Award costs)	Lengths	£65.00

Closing Date for Registration: 20th December 2018

Please note many of our courses this term were oversubscribed so in order to avoid disappointment you must send your form and course fees in by the closing date.

Places are allocated on a first come first served basis.

We will not accept Swimmers who turn up on poolside without prior registration.
Beginner swimmers must be 5 years old and must be at least 1.2m tall.

Phone or text us on: 0793 8567 255
Check us out on: www.abingdonswimmingclub.co.uk
Contact us on: abingdonswimmingclub@googlemail.com