

Abingdon Swimming Club Course List

Our Lady's Abingdon Tuesday 10/09/19 - 26/11/19 10 lessons (No lessons 22nd & 29th October)

Course No.	Time	Class Description	Water Area	Fee
01	6.00-6.30	Beginners - Non-Swimmers (Min height 1.2m)	Shallow	£55.00
02	6.00-6.30	ASC Level 1 Beginners	Shallow	£55.00
03	6.00-6.30	ASC Level 3	Deep	£55.00
04	6.30-7.00	ASC Level 1 Beginners	Shallow	£55.00
05	6.30-7.00	ASC Level 2	Shallow/Deep	£55.00
06	6.30-7.00	ASC Level 4	Deep	£55.00
07	7.00-7.30	ASC Level 5-6	Lengths	£55.00
08	7.00-7.30	RLSS Rookie (need to have Shark 2 / ASA Stage 7)	Lengths	£55.00
09	7.30-8.30	Junior Swim Training (need to have Shark 2 / ASA Stage 7) Please see flyer for more information	Lengths	£70.00

Our Lady's Abingdon Thursday 12/09/19 - 28/11/19 10 lessons (No lessons 24th & 31st October)

Course No.	Time	Class Description	Water Area	Fee
10	6.00-6.30	Beginners - Non-Swimmers (Min height 1.2m)	Shallow	£55.00
11	6.00-6.30	ASC Level 1 Beginners	Shallow	£55.00
12	6.00-6.30	ASC Level 3	Deep	£55.00
13	6.30-7.00	ASC Level 2	Shallow/Deep	£55.00
14	6.30-7.00	ASC Level 4	Deep	£55.00
15	7.00-7.30	ASC Level 5	Lengths	£55.00
16	7.00-7.30	ASC Level 6	Lengths	£55.00
17	7.30-8.30	RLSS Survive and Save – Bronze/Silver/Gold (includes dry side sessions & Award costs)	Lengths	£60.00

Closing Date for Registration: 23rd August 2019

All places are allocated on a first come first served basis.

Please note many of our courses this term were oversubscribed so places cannot be guaranteed. Please send booking forms in by the closing date, you will receive an email confirming that you have been allocated a place.

All payments must be received by the beginning of term or children will not be permitted to swim.

We will not accept Swimmers who turn up on poolside without prior registration.

Beginner swimmers must be 5 years old and must be at least 1.2m tall.

Date for your diary - ASC Distance Evening - Tuesday 3rd December 6-8.30p.m.

Phone or text us on: 0793 8567 255
Check us out on: www.abingdonswimmingclub.co.uk
Contact us on: abingdonswimmingclub@googlemail.com